KnittingFairy®

Kitchener Stitch in Pattern

A workshop by Alissa Barton, Knitting Fairy

K = Insert the tapestry needle as if to knit.
P = Insert the tapestry needle as if to purl.
BN = Back Needle
FN = Front Needle
Leave it on (ON) = leave that stitch on the knitting needle.
Take it off (OFF) = take that stitch off the knitting needle.
** indicates repeated area.

Garter Stitch Cup Cozy

Return the stitches from your provisional cast on onto a needle.
Make certain the stitches you pick up are not twisted.
You will pick up one less that you cast on. Use the tail to create one more stitch by feeding down into the stitch it is coming from, around your needle.
Arrange needles together, cast on stitches away from you. Right side facing you.
Be certain BOTH needles have bumps closest to the needle on the side facing you.
BN - Purl, leave it on
FN - Purl, leave it on.
**BN - K off, P on.

FN - K off, P on.**
End
BN - K off.
FN - K off.

Stockinette Cup Cozy

Return the stitches from your provisional cast on onto a needle.
Make certain the stitches you pick up are not twisted.
You will pick up one less that you cast on. Use the tail to create one more stitch by feeding down into the stitch it is coming from, around your needle.
Hold the needles together and parallel in your left hand to begin working. The cast on stitches will be towards the back and the live stitches closest to you with the RIGHT sides together, wrong side facing you.

Be certain BOTH needles have garter stitch bumps closest to the needle on the side facing you.
BN - Purl, leave it on
FN - Purl, leave it on.
**BN - K off, P on.
FN - K off, P on.** twice
Shift to st st
BN- K off, P on
FN - K off, K on.
St st
*BN - K off, P on
FN - P off, K on*
Repeat to stitch before garter stitch (4 sts remain on both needles)
Switch to garter stitch
BN - K off, P on

FN - P off, P on
**BN - K off, P on
FN - K off, P on** Twice
End
BN - K off.
FN - K off.

Ribbed Cup Cozy

Picking out the provisional cast on, the stitches will not pop free.
You will have to undo each as ribbing behaves differently. Make certain each stitch is right leg forward. Every other stitch will be twisted.

"Live" sts closest to you, cast on edge back. Right side facing you.
BN - K on
**FN - K off, K on
BN - K off, P on
FN - P off, P on
BN - P off, K on**
FN - K off, K on
BN - K off.

Cabled Cup Cozy

Picking out the provisional cast on, the stitches will not pop free.
You will have to undo each stitch as you switch from one section to another. Make certain each stitch is right leg forward. Every other stitch will be twisted.

Use the tail to create the 28th stitch along the cast on as before.
I find it easier to Kitchener cables from the wrong side. These instructions are written with the wrong side facing you and the live stitches needle closest to you.

BN - P on

*FN- K off, P on
BN - K off, P on* twice
**FN - K off, P on
BN - P off, K on** three times
FN - K off, K on
**BN - K off, P on
FN - P off, K on** five times
BN - K off, P on
FN - P off, P on
BN - P off, K on
*FN - K off, P on
BN - P off, K on* three times
FN - K off, K on
**BN - K off, P on
FN - P off, K on** five times
BN - K off, P on
FN - P off, P on
*BN - P off, K on
FN - K off, P on* twice
BN - P off, K on
*FN - K off, P on
BN - K off, P on* twice
FN - K off, P on
BN - K off, P on
FN - K off
BN - K off