Intro to Portuguese Knitting



The Portuguese style of knitting is said to be better for you ergonomically and provides more even tension than other styles of knitting. The yarn is tensioned using a necklace or pin and it is especially easy to purl using the Portuguese method.

Scarf Pattern:
Materials needed:
400 yds worsted weight yarn
US #8
2 different colored stitch markers. 1 red and one other.

Using the Portuguese method of long tail purl cast on 40 sts.
Rows 1-6: Purl.
Row 7: P4 (place red marker), K32, (place second marker) P4.
Row 8: purl across.
Row 9: P4, K32, P4.
Row 10: purl across.
Row 11: P4, (M), K32, (M), P4.

(C) Knitting Fairy, 2026 All rights reserved.

Row 12-18: purl across.
Rows 19 and 20: P4, (M), (K2, P2) 8 times, (M), P4.
Rows 21 and 22: P4, (M), (P2, K2) 8 times, (M), P4.
Rows 23 and 24: P4, (M), (K2, P2) 8 times, (M), P4.
Rows 25-30: Purl across.
Row 31: P4, (M), K32, (M), P4.
Row 32: purl across.
Row 33: P4, (M), K32, (M), P4.
Row 34: purl across.
Row 35: P4, (M), K32, (M), P4.
Rows 36-42: purl across.
Rep rows 19-42 to desired length. Bind off loosely.

Follow me: patreon.com/Knittingfairy RavID: KnittingFairy @KnittingFairy on Facebook and Twitter. @TheKnittingFairy on Instagram.

Contact me:
Alissa Barton
Knitting Fairy, alissa@knittingfairy.com
(817)247-9210 (text or voicemail)
(C) 2021 Alissa Barton, Knitting Fairy.

(C) Knitting Fairy, 2026 All rights reserved.